

FOI_1524_2023-24 – FOI Request concerning The Number of Referrals

Please provide the following information:

- 1. The number of referrals made to each of the below services/through each of the below pathways* during 2015/16, 2022/23 and 2023/24 to date. Please break these figures down by the number of referrals received, the number of referrals accepted and the number of referrals responded to with advice and guidance or support, with the recorded reason for declination. Please provide earliest figures from 2015/16 and reasoning if you do not have 2015/16 figures available.**

For most of our services, referrals are accepted onto the system by default. The reason a referral is not accepted is not usually entered onto the system but some indication may be found in the reason entered for the referral being ended. Therefore, where applicable, the referrals data provided as attachments includes both the outcome of the referral and the referral end reason recorded. Please note that the outcome of 'Refused' is a system reference where in reality any referral entered as such has actually been signposted to another service.

a) CAMHS

Please see CAMHS Referrals attachment below:



FOI_1524_Disclosure_CAMHS Referrals.x

b) Eating disorders

2015-16

Not available as team not set up on patient system

2022/23

193 referrals received

2023-24

Apr-Jan – 125 referrals received

Can provide referral figures only because the eating disorder teams sit within our Core CAMHS Service where the child or young person could be on multiple pathways. So referral acceptance and end reasons will not necessarily relate to any internal referrals to eating disorders.

c) Autism

Please see Soton Autism attachment below:



FOI_1524_Disclosure_Soton Autism Ref

d) ADHD

2015-16

Not available as team waiting list not set up on patient system

2022-23

627 referrals received

2023-24 Apr-Jan

484 referrals received

Can provide referral figures only because the ADHD pathway sits within our Core CAMHS Service and so referral acceptance and end reasons will not necessarily relate to any internal referrals. Only pulled for our Southampton team as Portsmouth do not have a dedicated ADHD pathway. Portsmouth do have a Neurodevelopmental service that was started in 2022 that receives referrals for an ND assessment. Please see attachment below:



FOI_1524_Disclosure_ADHD Referrals.xls

e) Crisis team

Please see Crisis Referrals attachment below:



FOI_1524_Disclosure_Crisis Referrals.xls

f) Memory

Memory services referrals attachment. Not able to extract for 2015-16 as the process for recording memory referrals was not in place at this time.



FOI_1524_Disclosure_Memory Service Referrals.xls

g) Gender

N/A

h) Talking therapies/IAPTs

Please see data in table below:

Talking Therapies - Portsmouth	2022/23	2023/24
Referrals Received	9694	7792
Referrals Accepted	8681	7052
Referrals Declined	1013	740
Not suitable for IAPT service - no action taken or directed back to referrer	901	556
Not suitable for IAPT service - signposted elsewhere with mutual agreement of patient	35	101
Referred to another therapy service by mutual agreement	77	83

2. **Details of any policy change regarding altered thresholds for referrals, altered access to pathways or triage systems and documentation outlining the change (and reasoning of the change if available) as regards referrals to each of the below services/pathways.**

CAMHS / ADHD / Eating disorders Southampton - The triage process has always meant reviewing each referral and contacting each service user in Southampton. Due to the increased demand and lack of capacity the number of contacts has reduced. At triage we no longer contact every service user, where the information is clear and the referral does not meet the criteria of Sp CAMHs, we send a sign posting letter with other services. However, contact is made with all other service users by phone where there are Mental Health, Eating Disorders or safeguarding concerns. If there are ADHD traits the triage process would involve sending questionnaires to school/parent/carer, the service will give 14 days for the forms to be returned. If the returned questionnaires suggest ADHD traits with the information shared in the triage process then an initial assessment will be booked.

Autism Southampton – There has been no changes to the policies regarding altered thresholds for referrals, altered access to pathways or triage systems.

Portsmouth Neurodiversity Service - Portsmouth city launched a new integrated health and social care Neurodiversity service in September 2022 alongside the introduction of the Portsmouth Neuro Diversity profiling tool. This tool is completed in partnership with children and families by professionals that know the child well (usually school or Early Years settings). The tool is designed to highlight the child's areas of strength and challenge along a profile of ND needs and provide the family and school with suggested ways to support the child in various settings by adapting the environment and requirements of the child. This is supported with advice and guidance from the service and community partners including Parent Carers and by the multi-disciplinary ND team that consists of ND practitioners, family support workers, speech and language therapists and occupational therapists. It is expected that children will have had ND profiles completed and appropriate adaptations made and reviewed before they are referred to the ND team for a formal ND diagnostic assessment.

Adults Mental Health Crisis Team - Not aware that any policy change has occurred with regards to thresholds for referrals since June 2022 from which the current Manager has been working with the team

Adults Mental Health Talking Therapies / IAPT - The Talking Therapies Policy is from 2016, although there has been some minor updates on the policy (for example regarding hybrid working / website etc there have not been any significant changes regarding altered thresholds for referrals, altered access to pathways or triage systems.

Adults Mental Health Memory team – The OPMH memory monitoring service was closed down as per NICE guidance. The GP can monitor the patient already established on memory enhancement medication. This has not changed any access and in fact enhanced as patients have access to the service via the HUB and GP who can refer if appropriate. The memory monitoring service only monitored patients on memory

enhancement medication annually. These patients had already been referred, triaged had initial assessment and started on memory medication once they were established transferred onto Memory service caseload.

Year	(All)
2023- to date	
Service/Outcome/Referral end reason	Count of IDReferralIn
CAMHS West - ADHD Awaiting Assessment	2663
CAMHS West - ADHD Prescribers	2072
(blank)	

Year	(Multiple Items)
2022-2023	
Service/Outcome/Referral end reason	Count of IDReferrals
CAMHS West - ADHD Awaiting Assessment	866
Accepted	642
Closure - Advice given	77
Closure - On Professional Advice	53
Closure - Transferred to Other Service	3
Closure - Treatment completed	23
Data Migration	3
Discharged - Deliberate Self Harm report completed	1
Discharged - Moved out of the area	4
Discharged - Treatment completed	8
Discharged on Professional Advice	22
Disengaged - Transferred to Other Service	1
Disengaged- Patient Stopped Coming	2
Inappropriate Referral	16
NULL	418
Other	1
Patient non-attendance	1
Transitioned to Adult ADHD services	6
Transitioned to AMH	1
Treatment completed	2
Duplicate referral request	6
NULL	6
Inappropriate Referral	4
NULL	4
Incomplete referral request	6
NULL	6
Other	5
NULL	5
Refused by service	201
NULL	201
Undecided	2
Closure - Advice given	1
Duplicate referral	1
CAMHS West - ADHD Prescribers	351
Accepted	249
Closure - Advice given	23
Closure - On Professional Advice	21
Closure - Transferred to Other Service	2
Closure - Treatment completed	5
Data Migration	2
Discharged - Treatment completed	5
Discharged on Professional Advice	18
Duplicate referral	1
Inappropriate Referral	11
NULL	155
Transitioned to Adult ADHD services	3
Transitioned to Primary Care	2

Treatment completed	1
Duplicate referral request	1
NULL	1
Inappropriate Referral	1
NULL	1
Incomplete referral request	2
NULL	2
Other	6
NULL	6
Refused by service	90
NULL	90
Undecided	2
Duplicate referral	2

Year	(Multiple Items)
2015-2016	
Service/Outcome/Referral end reason	Count of IDReferralIn
CAMHS West - ADHD Prescribers	17
Accepted	15
Closure - On Professional Advice	2
Discharged on Professional Advice	2
Inappropriate Referral	3
NULL	6
Transitioned to Primary Care	2
Refused by service	2
NULL	2

2015-16

Service / Referral outcome / Referral end reason	Sum of Referrals
CAMHS & Psychology East	1761
Accepted	1752
Discharged - Advice Given	1
Discharged - Duplicate Migrated Referrals	21
Discharged - EHCP Information provided	1
Discharged - Moved out of the area	97
Discharged - Patient died	2
Discharged - Signposted to another service	4
Discharged - Transferred to Other Service	7
Discharged - Treatment completed	277
Discharged Against Professional Advice	11
Discharged on Professional Advice	878
Disengaged - Transferred to Other Service	13
Disengaged- Patient Stopped Coming	141
Duplicate referral	2
Inappropriate Referral	221
NHS No. Logically Deleted	2
NULL	30
PATIENT moved out of the area	8
Patient non-attendance	19
Transferred from CAMHS to local Adult Mental Health Services	4
Transferred to adult mental health service	13
Other	1
NULL	1
Refused by service	5
NULL	5
Undecided	3
Discharged - Duplicate Migrated Referrals	1
Discharged - Moved out of the area	1
Discharged - Treatment completed	1
CAMHS & Psychology West	1682
Accepted	1566
Closure - Advice given	34
Closure - Moved out of the area	2
Closure - On Professional Advice	30
Closure - Transferred to Other Service	1
Closure - Treatment completed	1
Data Migration	45
Discharged - Assessment and Feedback complete	78
Discharged - Deliberate Self Harm report completed	5
Discharged - Endorsement given	5
Discharged - Moved out of the area	90
Discharged - No Further Action Required	5
Discharged - Treatment completed	130
Discharged Against Professional Advice	11
Discharged on Professional Advice	698
Disengaged - Transferred to Other Service	5

Disengaged- Patient Stopped Coming	44
Inappropriate Referral	232
NHS No. Logically Deleted	3
NULL	67
Other	8
Patient Died	1
PATIENT moved out of the area	5
Patient non-attendance	8
SEWS CAMHS Solent	1
Transferred to adult mental health service	1
Transitioned to Adult ADHD services	1
Transitioned to Adult LD	1
Transitioned to Primary Care	2
Treatment completed	52
Other	2
NULL	2
Refused by service	110
NULL	110
Undecided	4
Closure - Advice given	1
Discharged on Professional Advice	1
Inappropriate Referral	1
Other	1

2022-23

Service / Referral outcome / Referral end reason	Sum of Referrals
CAMHS & Psychology East	1381
Accepted	1378
CAMHS Liaison - Admit to QAH	11
CAMHS Liaison - Discharge back to community	16
CAMHS Liaison - Inappropriate referral	10
CAMHS Liaison - Patient self discharge	3
CAMHS Liaison - signposted to other services	6
Continuing Care - Transferred Unit	1
Discharged - Advice Given	12
Discharged - EHCP Information provided	1
Discharged - Moved out of the area	9
Discharged - Signposted to another service	130
Discharged - Transferred to Other Service	156
Discharged - Treatment completed	165
Disengaged- Patient Stopped Coming	73
Duplicate referral	21
NULL	232
Rejected - Signposted to Education	274
Rejected - Signposted to Health	140
Rejected - Signposted to Social Care	36
Rejected - Signposted to Voluntary	81
Transferred to adult mental health service	1
Inappropriate Referral	1
NULL	1
Undecided	2
NULL	2
CAMHS & Psychology West	2321
Accepted	1263
Closure - Advice given	245
Closure - Moved out of the area	2
Closure - On Professional Advice	308
Closure - Transferred to Other Service	19
Closure - Treatment completed	1
Discharged - Deliberate Self Harm report completed	1
Duplicate referral	5
Inappropriate Referral	1
NHS No. Logically Deleted	1
NULL	622
Service not accessed	10
Transitioned to Adult ADHD services	6
Transitioned to AMH	10
Transitioned to Primary Care	31
Transitioned to Third Sector	1
Duplicate referral request	8
NULL	8
Inappropriate Referral	107
NULL	107

Incomplete referral request	16
NULL	16
Other	18
NULL	18
Refused by service	897
Closure - Advice given	4
NULL	893
Undecided	12
Closure - Advice given	10
Duplicate referral	1
Inappropriate Referral	1

Apr -Dec 2023

Service / Referral outcome / Referral end reason	Sum of Referrals
CAMHS & Psychology East	876
Accepted	869
CAMHS Liaison - Admit to QAH	15
CAMHS Liaison - Discharge back to community	5
CAMHS Liaison - Inappropriate referral	4
CAMHS Liaison - Patient self discharge	1
CAMHS Liaison - Refer to CAMHS	1
Discharged - Advice Given	10
Discharged - Moved out of the area	3
Discharged - Signposted to another service	90
Discharged - Transferred to Other Service	38
Discharged - Treatment completed	37
Disengaged- Patient Stopped Coming	31
Duplicate referral	12
NULL	332
Rejected - Signposted to Education	154
Rejected - Signposted to Health	86
Rejected - Signposted to Social Care	20
Rejected - Signposted to Voluntary	30
Refused by service	2
NULL	2
Undecided	5
CAMHS Liaison - Admit to QAH	1
CAMHS Liaison - Inappropriate referral	2
NULL	2
CAMHS & Psychology West	1574
Accepted	634
Closure - Advice given	125
Closure - Moved out of the area	1
Closure - On Professional Advice	86
Closure - Transferred to Other Service	17
Closure - Treatment completed	1
Duplicate referral	4
NULL	393
Transitioned to Primary Care	7
Duplicate referral request	4
NULL	4
Inappropriate Referral	51
NULL	51
Other	11
NULL	11
Refused by service	850
Closure - Advice given	1
NULL	849
Undecided	24
Closure - Advice given	11
Duplicate referral	1

Year	(Multiple Items)
2015/2016	
Service/Referral Outcome/Ref end reason	Sum of Referrals
Crisis Team	1615
Accepted	1557
Discharge - Team deleted in error	1
Discharged - Admitted elsewhere	377
Discharged - Duplicate Migrated Referrals	1
Discharged - Moved out of the area	1
Discharged - No further treatment appropriate	108
Discharged - Patient did not attend	27
Discharged - Patient died	1
Discharged - Patient Requested Discharge	5
Discharged - Referred to other specialty/Service	58
Discharged - Refused to be Seen	12
Discharged - Treatment completed	118
Discharged Against Professional Advice	11
Discharged on Professional Advice	750
Dropped out/Disengaged	2
Entered in Error	17
Inappropriate Referral	49
PATIENT moved out of the area	1
Patient non-attendance	10
PSR - Duplicate Referrals	1
PSR - Signposted to Other Services	1
Transferred to other health care provider not medium/high secure	6
Other	27
(blank)	27
Refused by service	26
(blank)	26
Undecided	5
Discharged - Admitted elsewhere	4
Discharged - Patient did not attend	1

Year

2022/2023

Service/Referral Outcome/Ref end reason

Crisis Team

Accepted

Discharged - Admitted elsewhere
Discharged - Admitted to MH Ward
Discharged - Disengaged (Started The Stopped/Missed Multiple Appointments)
Discharged - Disengaged As Never Attended Appointments
Discharged - Inappropriate Referral
Discharged - Moved out of the area
Discharged - No further treatment appropriate
Discharged - Partially Completed Therapy
Discharged - Patient did not attend
Discharged - Patient did not Opt-in
Discharged - Patient died
Discharged - Patient died (in preferred place of death)
Discharged - Patient Requested Discharge
Discharged - Referred to other specialty/Service
Discharged - Signposting
Discharged - to Crisis Team
Discharged - Treatment completed
Discharged on Professional Advice
Dropped out/Disengaged
Duplicate referral
PSR - Completed Treatment
PSR - Duplicate Referrals
PSR - Not Well
PSR - Signposted to Other Services
(blank)

Duplicate referral request

(blank)

Inappropriate Referral

(blank)

Other

(blank)

Refused by service

Discharged - Admitted elsewhere
Discharged - Inappropriate Referral
Discharged - Referred to other specialty/Service
Discharged - Treatment completed
(blank)

Undecided

Discharged - Admitted elsewhere
Discharged - Admitted to MH Ward
Discharged - Inappropriate Referral
Discharged - Moved out of the area
Discharged - No further treatment appropriate
Discharged - Referred to other specialty/Service
Discharged - Signposting

(Multiple Items)

Sum of Referrals

1893

1759

1402

18

5

5

11

5

35

1

13

6

4

1

1

54

111

24

41

1

1

5

1

1

1

1

11

4

4

5

5

11

11

23

2

1

1

1

18

91

69

3

2

1

4

4

8

Year

2023/2024 - Apr-Jan

Service/Referral Outcome/Ref end reason

Crisis Team

Accepted

- Discharged - Admitted elsewhere
- Discharged - Admitted to MH Ward
- Discharged - Disengaged (Started The Stopped/Missed Multiple Appointments)
- Discharged - Disengaged As Never Attended Appointments
- Discharged - Inappropriate Referral
- Discharged - Moved out of the area
- Discharged - No further treatment appropriate
- Discharged - Partially Completed Therapy
- Discharged - Patient did not attend
- Discharged - Patient did not Opt-in
- Discharged - Patient died
- Discharged - Patient Requested Discharge
- Discharged - Referred to other specialty/Service
- Discharged - Refused to be Seen
- Discharged - Signposting
- Discharged - to Crisis Team
- Discharged - Treatment completed
- Discharged Against Professional Advice
- Discharged on Professional Advice
- Dropped out/Disengaged
- Duplicate referral
- PSR - Discharged from Secondary Care
- PSR - Signposted to Other Services
- (blank)

Duplicate referral request

(blank)

Inappropriate Referral

(blank)

Incomplete referral request

(blank)

Other

- Discharged - Admitted elsewhere
- (blank)

Refused by service

- Discharged - Admitted elsewhere
- (blank)

Undecided

- Discharged - Admitted elsewhere
- Discharged - Admitted to MH Ward
- Discharged - Disengaged As Never Attended Appointments
- Discharged - Inappropriate Referral
- Discharged - Moved out of the area
- Discharged - No further treatment appropriate
- Discharged - Patient did not Opt-in
- Discharged - Patient Requested Discharge

Discharged - Referred to other specialty/Service

Discharged - Signposting

Discharged - to Crisis Team

Discharged - Treatment completed

PSR - Signposted to Other Services

(blank)

(Multiple Items)

Sum of Referrals

1570

1299

981

13

13

11

12

11

18

3

4

6

1

7

35

5

66

2

41

1

3

4

1

1

1

59

8

8

5

5

2

2

12

2

10

18

5

13

226

179

5

3

5

1

1

3

2

3
15
1
3
1
4

2022-23

OPMH Memory referrals	Sum of Referrals
OPMH Community Team	1096
Accepted	1095
Discharged - Admitted elsewhere	202
Discharged - Admitted to MH Ward	2
Discharged - Disengaged As Never Attended Appointments	2
Discharged - Inappropriate Referral	111
Discharged - Medicine Advice Offered	6
Discharged - Moved out of the area	14
Discharged - No further treatment appropriate	37
Discharged - Patient did not attend	6
Discharged - Patient did not Opt-in	4
Discharged - Patient died	26
Discharged - Patient died (in preferred place of death)	2
Discharged - Patient Requested Discharge	3
Discharged - Referred to other specialty/Service	28
Discharged - Refused to be Seen	6
Discharged - Signposting	2
Discharged - Treatment completed	325
Discharged Against Professional Advice	2
Discharged on Professional Advice	265
Dropped out/Disengaged	1
Duplicate referral	5
NULL	46
Undecided	1
NULL	1
Grand Total	1096

2023-24 Apr-Jan

OPMH Memory referrals	Sum of Referrals
OPMH Community Team	959
Accepted	957
Discharged - Admitted elsewhere	18
Discharged - Admitted to MH Ward	4
Discharged - Disengaged As Never Attended Appointments	1
Discharged - Inappropriate Referral	88
Discharged - Medicine Advice Offered	2
Discharged - Moved out of the area	11
Discharged - No further treatment appropriate	28
Discharged - Patient did not attend	2
Discharged - Patient died	12
Discharged - Patient died (in preferred place of death)	1
Discharged - Patient Requested Discharge	4
Discharged - Referred to other specialty/Service	18
Discharged - Refused to be Seen	8
Discharged - Treatment completed	192
Discharged Against Professional Advice	2
Discharged on Professional Advice	172
Duplicate referral	5
NULL	388
PSR - Duplicate Referrals	1
Undecided	2
Discharged - Inappropriate Referral	2
Grand Total	959

2022-23

Service / Referral outcome / Referral end reason	Sum of Referrals
Accepted	843
Continuing Care - Transferred Unit	2
Discharged - Assessment and Feedback complete	387
Discharged - Endorsement given	177
Discharged - No Further Action Required	78
NULL	199
Inappropriate Referral	51
Continuing Care - Transferred Unit	2
Discharged - No Further Action Required	48
NULL	1
Waiting for Information	128
Discharged - No Further Action Required	2
NULL	126
Grand Total	1022

2023-24

Service / Referral outcome / Referral end reason	Sum of Referrals
Accepted	681
Discharged - Assessment and Feedback complete	20
Discharged - Endorsement given	140
Discharged - No Further Action Required	14
NULL	507
Inappropriate Referral	33
Discharged - No Further Action Required	33
Waiting for Information	237
Discharged - No Further Action Required	1
NULL	236
Grand Total	951