

FOI_1490_2023-24 – FOI Request Borderline Personality Disorder

Please provide the following information in full for the years 2019, 2020, 2021, 2022, 2023. (Please note that I use the term 'borderline personality disorder' but would also like stats for 'emotionally unstable personality disorder' if that is the diagnostic term that your trust uses.)

1. Please provide your trust policy for borderline personality disorder diagnosis and treatment.

In Mental Health Services we do not have diagnosis specific policies

2. How much funding is received for the care of borderline personality disorder and how is this money spent?

We do not routinely gather this data

3. How many adult patients are there within the trust with a diagnosis of borderline personality disorder?

We do not routinely gather this data

4. What specialist treatments or therapeutic interventions do the trust facilitate for all patients diagnosed with borderline personality disorder?

People accessing our services are individually assessed rather than providing a specified treatment to all people within a diagnostic group. A range of specialist treatments or therapeutic interventions are available, many suitable for people for 1 or more diagnosis including patients diagnosed with borderline personality disorder. These include: Dialectical Behaviour Therapy, Cognitive Analytic Therapy, Compassion & Curiosity Approach, Sensory Modulation, Occupation Matters, Comprehend, Cope, Connect, Acceptance Commitment Therapy

5. How much does it cost the trust per year to provide medication to adults diagnosed with borderline personality disorder?

We do not routinely gather this data

6. How many patients/service users with borderline personality disorder require in-patient care?

We do not routinely gather this data

7. How much does it cost the trust to facilitate this in-patient care?

We do not routinely gather this data

8. Does the trust provide dialectical behaviour therapy? If so, please provide the numbers of patients/service users who have used this service. If not, is there a plan to implement this treatment?

Yes we have delivered DBT for over 20 years and have a three tier pathway beginning in primary care open access, through to the full DBT programme. We do not have a total number of people who have used this service. As a guide we currently have 25 people actively engaged in different aspects of this treatment pathway.

9. How many suicides of patients with borderline personality disorder have there been each year?

We do not routinely gather this

10. How many complaints have been lodged in relation to borderline personality disorder treatment?

Nil