

FOI_1349_2023-24 – FOI Request Concerning – Eating Disorder and Weight Management

Please be advised with regards to the questions below, that Solent NHS Trust is a Community and Mental Health Trust and therefore does not provide an eating disorder/weight management service; we therefore are unable to respond to this request

This request relates to outpatient/community patients discharged by your trust who were being treated for an eating disorder (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

- 1. Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**
- 2. Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust with a BMI below 15 in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**
- 3. Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:**
 - a) The number of patients that were discharged from a) a specialist community/outpatient eating disorder service if you have one, and b) general community/outpatient care.**
 - b) The number of patients that were a) aged 18 and above, and b) aged below 18.**
 - c) The number of patients who had a BMI of a) 14-14.99, b) 13-13.99, c) 12-12.99 and d) <12**
 - d) The exact BMI of the patient discharged with the lowest BMI**
 - e) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc. (If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)**
- 4. Please provide any internal Trust documents relating to the treatment of patients with a 'Longstanding Eating disorder' or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa' (otherwise known as 'L-ED' / 'SEED' / SE-AN) in inpatient and outpatients settings.**