

FOI_1260_2023-24 – FOI Request Concerning – Mental Health Waits

1. I am writing to request, under the Freedom of Information Act, the longest wait to start treatment by a patient at your trust, after being referred to the Improving Access to Psychological Therapies (IAPT) programme, in each of the last 5 financial years.

a) 2022_23

165 days – due to waiting for patient to contact

b) 2021_22

273 day – due to waiting for patient to contact

c) 2020_21

399 days – due to patient wanting F2F during COVID

d) 2019_20

187 days – due to waiting for patient to contact

e) 2018_19

203 days – due to patient cancelling/DNA appts