

FOI_0646_21/22 – FOI request concerning – IAPT and CMHT

Referrals



FOI_0646_Disclosure_Spreadsheet.xlsx

IAPT

1. **How many referrals did your IAPT service receive in 20/21?**

7514

2. **How many IAPT referrals received in 20/21 were deemed unacceptable to progress to assessment?**

We do not hold this data

3. **Please break down the 20/21 unsuitable IAPT referrals into the following categories:**

We do not hold this data

- a) **Patient not old enough to access the service**
- b) **Patient out of area and therefore ineligible**
- c) **Patient has a diagnosis incompatible with IAPT treatment (e.g. EUPD, SMI)**
- d) **Patient's drug/alcohol intake too high to accept into the service**
- e) **Patients needs identified as too severe (at screening) and therefore referred to CMHT**
- f) **Patient currently engaged with another Mental Health service**
- g) **Previous non-engagement by patient / referral too soon after completed therapy**
- h) **Patient below caseness**
- i) **Patients needs better served by another service (e.g. rape crisis, relationship counselling services)**
- j) **Other reason (please specify)**

4. **How many referrals were assessed by the IAPT service during 20/21?**
4668
5. **How many IAPT referrals were deemed unsuitable to progress into treatment (at assessment)?**
1311
6. **Please break down the 20/21 assessments who were deemed unsuitable into the following categories:**
- a) **Patient not old enough to access the service**
 - b) **Patient out of area and therefore ineligible**
 - c) **Patient has a diagnosis incompatible with IAPT treatment (e.g. EUPD, SMI)**
 - d) **Patient's drug/alcohol intake too high to accept into the service**
 - e) **Patients needs identified as too severe (at screening) and therefore referred to CMHT**
 - f) **Patient currently engaged with another Mental Health service**
 - g) **Previous non-engagement by patient / referral too soon after completed therapy**
 - h) **Patient below caseness**
 - i) **Patients needs better served by another service (e.g. rape crisis, relationship counselling services)**
 - j) **Other reason (please specify)**

Unable to divide into the requested categories, data can be divided into:

- a) Not suitable for IAPT service - no action taken or directed back to referrer – 743
- b) Not suitable for IAPT service - signposted elsewhere with mutual agreement of patient – 19
- c) Referred to another therapy service by mutual agreement – 53
- d) Suitable for IAPT service, but patient declined treatment that was offered – 496

7. **Please indicate how many referrals you received in 20/21, who also had a referral within the last two years.**

We cannot access this data

8. How many patients had their second treatment appointment during 20/21?

3036

9. Please break down the 20/21 second treatment patients who were deemed unsuitable into the following categories

- a) Patient not old enough to access the service
- b) Patient out of area and therefore ineligible
- c) Patient has a diagnosis incompatible with IAPT treatment (e.g. EUPD, SMI)
- d) Patient's drug/alcohol intake too high to accept into the service
- e) Patients needs identified as too severe (at screening) and therefore referred to CMHT
- f) Patient currently engaged with another Mental Health service
- g) Previous non-engagement by patient / referral too soon after completed therapy
- h) Patient below caseness
- i) Patients needs better served by another service (e.g. rape crisis, relationship counselling services)
- j) Other reason (please specify)

Unable to divide into the requested categories, data can be divided into:

- a) Not suitable for IAPT service - no action taken or directed back to referrer – 134
- b) Not suitable for IAPT service - signposted elsewhere with mutual agreement of patient – 9
- c) Referred to another therapy service by mutual agreement – 19
- d) Suitable for IAPT service, but patient declined treatment that was offered – 271

CMHT

1. How many referrals did your CMHTs receive in 20/21?

1597

2. How many referrals received into CMHTs were from IAPT services in 20/21?

170

3. How many referrals received into CMHTs were from GPs in 20/21?

1095

4. How many referrals received in 20/21 were referred to IAPT:

Solent Trust do not record this information.

- a) before an assessment took place**
- b) after an assessment took place**

5. How many patients were referred to the following treatment types following assessment (in 20/21):

Solent Trust do not record this information.

- a) IAPT**
- b) Inpatient hospital care**
- c) Outpatient hospital care**
- d) Specialist services (ie eating disorder clinic)**

Survey

Although not technically a part of the FOI request, we would be very grateful if you could issue the following survey links to clinical staff working within IAPT and CMHT.

The Freedom of Information Act requires organisations to supply information held by them and release in accordance with the organisations FOI policy, in the format in which they hold it. Therefore, the completion of external surveys falls outside this remit and therefore we are writing to advise, will not be completed by Solent NHS Trust.