

FOI_1066_2022-23 – FOI Request Concerning – Eating Disorders

- 1. At what point – from the list below - does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust currently stop the ‘waiting times clock’ for children and young people with an eating disorder?**

If the Trust provides more than one relevant service, please list answers separately for each

- a) **Initial phone call to the patient and/or parents/guardians**
- b) **Parent/guardian psychoeducation group**
- c) **Onward referral to a non-NHS organisation**

- d) **Assessment appointment (in person or by video call)**

- e) **Second individual appointment for the patient (with or without family present) i.e. First full treatment appointment**

- 2. Does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust provide the assessment and first treatment session for children and young people with an eating disorder on the same date?**

Yes – the assessment session is concluded with treatment planning with the child/young person and family and first session

- 3. Please list the clinical interventions that the Trust currently uses as justifications to stop the ‘waiting times clock’ for children and young people with an eating disorder**

CBT-E and/or the offer of Family Based Treatment (FBT)

- 4. Please disclose the median and mean gaps (in calendar days) between the appointment used to stop the ‘waiting times clock’ and the subsequent individual or single family (not group) treatment appointment for children and young people with an eating disorder**

- a) **2019/20 (tax year)**
- b) **2020/21 (tax year)**
- c) **2021/22 (tax year)** – Mean average 25.1 days, median average 11 days*
- d) **2022/23 (tax year)** – Mean average 29.4 days, Median average 14 days**

*Figures provided for our Portsmouth team only, covering period from 8th September onwards when functionality for recording NICE treatments was implemented.

**Figures across both Portsmouth and Southampton teams covering follow up treatments provided from April 2022 to 6th February 2023