

FOI_0549_21/22 – FOI request concerning - Number of Cases of Couples Therapy

1. How many people enquired about/requested some form of couple's therapy and/or couple's counselling between the following time periods:

- a) From March 2018 to February 2019
- b) From March 2019 to February 2020
- c) From March 2020 to February 2021
- d) From March 2021 to present day (or as far as records go)

We are not able to provide specific data on this as we would not record in an auditable way anyone who enquired. Anyone who enquired and was suitable would have received this therapy (see figures below).

2. How many people have enquired about/requested Behavioural Couples Therapy between the following time periods:

- a) From March 2018 to February 2019
- b) From March 2019 to February 2020
- c) From March 2020 to February 2021
- d) From March 2021 to present day (or as far as records go)

We are not able to provide specific data on this as we would not record in an auditable way anyone who enquired. Anyone who enquired and was suitable would have received this therapy (see figures below).

3. How many couples have had some form of couples therapy and/or counselling between the following time periods:

- a) From March 2018 to February 2019

From March 2018 – Feb 2019 3 couples received couples counselling for depression.

- b) From March 2019 to February 2020

From March 2019 – Feb 2020 4 couples received couples counselling for depression.

- c) From March 2020 to February 2021

From March 2020 – Feb 2021 8 couples received couples counselling for depression.

- d) From March 2021 to present day (or as far as records go)

From March 2021 – 17th November 2021 5 couple received couples counselling for depression.

4. How many couples have had Behavioural Couples Therapy between the following time periods:

a) From March 2018 to February 2019

From March 2018 – Feb 2019 2 couples received BCT

b) From March 2019 to February 2020

From March 2019 – Feb 2020 3 couples received BCT

c) From March 2020 to February 2021

From March 2020 – Feb 2021 5 couples received BCT

d) From March 2021 to present day (or as far as records go)

From March 2021 – 17th November 2021 3 couples received BCT